



What is ADVANCE?

ADVANCE is a voluntary agency that specialises in supporting people who are experiencing emotional or physical violence from their current or ex-partner.

Advocates are able to offer you information, support and advice. Their aim is to support you in what you would like to do. They can assure you strict confidentiality and the right to make your own decisions about your situation.

What support can you expect? Advocates can offer information on:

- **Planning for your safety**
- **Access to refuge or emergency housing**
- **What to expect if going to court**
- **Understanding the criminal and civil justice systems**
- **What to expect if contacting a solicitor**
- **Problem solving your situation**

ADVANCE is here to help you.

The Police can put you in touch with us now (night or day) or you can contact ADVANCE during business hours. During out of office hours, please speak to your local police station who can contact an advocate on call.

It can happen to anyone.

There is help, support and hope.

ADVANCE

· Emergencies 999

Other useful numbers:

National Domestic Violence Helpline 0808 2000 247

Shelter Advice Line (24 hour) 0808 800 4444

NSPCC (24 hour) 0808 800 5000

Hammersmith Women's Aid 07949 127 617

(Out of hours only: 5pm-9am)

H&F Emergency Housing (day) 020 8753 4144

(Out of hours only: 6pm-9am and weekends) 020 8748 8588

DVIP Women's Service Support 020 8748 6512

(Women's support service)

SOLA (For abused lesbians) 020 7328 7389

Lesbian and Gay Switchboard 020 7837 7324

Victim Support 020 7613 0808

(Lesbian/Gay/Bi/Transgender specialist worker available)